



GOVERNMENT GENERAL DEGREE COLLEGE, CHAPRA

OFFICE OF THE PRINCIPAL
HIGHER EDUCATION DEPARTMENT
GOVERNMENT OF WEST BENGAL

AT: SHIKRA, P.O. PADMAMALA, DIST: NADIA, PIN CODE: 741123, W.B, INDIA. Email: cgcollege2015ku@gmail.com

(AFFILIATED TO UNIVERSITY OF KALYANI)

5.1.2: Report with photographs on Programmes /activities conducted to enhance soft skills, Language and communication skills, and Life skills

Report on Language and Communication Skills

Govt. Gen. Degree College Chapra has demonstrated commendable efforts in enhancing language and communication skills among its students, contributing to their overall development and employability. The college recognizes the significance of effective communication in today's globalized world. Various initiatives have been implemented, including debate competitions, and public speaking forums, to foster proficiency in verbal and written expression. Additionally, the college has integrated language modules across disciplines to promote interdisciplinary communication. The faculty members actively engage in mentoring and guiding students to improve their language skills. Govt. Gen. Degree College Chapra's consistent focus on language and communication skills has equipped students with the ability to articulate their ideas effectively, boosting their confidence and preparing them for successful careers.



Photo Graph of Soft Skill Classes (Language and Communication Skills) by English department of Govt. Gen. Degree College Chapra



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Photo Graph of Soft Skill Classes (Language and Communication Skills) by Bengali department of Govt. Gen. Degree College Chapra



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VILL-SHUKRA, P.O.-PADMAWALA, DIST- NADIA, PIN CODE: 741121, W.B, INDIA. Email: ggcchaps2015kug@gmail.com
(AFFILIATED TO THE UNIVERSITY OF KALYANI)

A one day workshop on অভিভাবন রিপোর্ট (Report Writing)
Organized by Department of Bengali

Date: 13-03-2023 Time: 1:30 P.M Venue: B Seminar Hall

No	Name	Semester	Signature
1.	Rikta Roy		R. Roy
2.	Rupa Ghosh		R. Ghosh
3.	Ratna Biswas		A. B.
4.	Pinki Khaitun		Pinki Khaitun
5.	Kareel Mallik		K.M.
6.	Sabnam Mondal		SM
7.	Rama Ghosh		R. Gh.
8.	Tuhina Mandal		TM
9.	Amit Ghosh		A. Ghosh
10.	Sanjay Chatterjee		S. Ch.
11.	Sahab Ali Biswas		SAB
12.	Sonia Biswas		S. Bis.
13.	Ashok Ghosh		A. Gh.
14.			
15.			
16.			
17.			
18.			

DR. SUBHASIS PANDA (BSES)
Principal
Govt. General Degree College, Chapra
Vill. Shukra, P.O. Padmawala
Nadia 741121

13-03-2023
13.03.2023
Assistant Professor (BSES)
Govt. General Degree College, Chapra



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LIFE SKILLS -YOGA

Report on Yoga Classes:

Introduction:

Yoga is an ancient practice that promotes physical, mental, and spiritual well-being. Govt. Gen. Degree College Chapra recognizes the importance of incorporating yoga into the holistic development of its students. This report provides an overview of the yoga classes, program, and competition organized by Govt. Gen. Degree College Chapra, which emphasizes the promotion of health and fitness activities among students.

Yoga Program:

Govt. Gen. Degree College Chapra organizes a comprehensive yoga program to provide a deeper understanding and practice of yoga. The program includes workshops and lectures by yoga experts. The yoga program also emphasizes the philosophical aspects of yoga, such as mindfulness, self-awareness, and stress management.

Benefits and Impact:

The inclusion of yoga classes, program at Govt. Gen. Degree College Chapra has several positive effects on students. Firstly, regular practice of yoga improves physical fitness, flexibility, and overall well-being. It helps students manage stress, improve concentration, and enhance mental clarity, which ultimately contributes to their academic performance. Secondly, the yoga program and competition create a sense of discipline, teamwork, and healthy competition among students, fostering personal growth and character development.



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Conclusion:

Govt. Gen. Degree College Chapra's efforts in organizing yoga classes, program, and competition, which emphasizes the promotion of health and fitness activities among students. By providing opportunities for students to engage in yoga, the college encourages their holistic development and well-being. The regular yoga classes, comprehensive program, and annual competition contribute to the physical, mental, and emotional growth of the students, making them well-rounded individuals capable of facing the challenges of life with resilience and inner balance.

Some Images of Yoga Workshop





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GOVERNMENT GENERAL DEGREE COLLEGE, CHAPRA
[Affiliated to Kalyani University]

A One Day Workshop
on
Yoga and Physical Fitness
Organized by
Department of Physical Education
in Collaboration with IQAC of GGDC, Chapra

Resource Person:
Sri Uttam Kumar Barman
SACT
Asannagar MMT College

Date: 30th September, 2022 **Time:** 12 pm **Venue:** Seminar Hall 1; GGDC, Chapra

Patron Dr. Subhasis Panda Principal GGDC, Chapra	Convenor Sri Sudipta Das IQAC Co-ordinator & HOD of Physics GGDC, Chapra
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A one day workshop on Yoga and Physical Fitness

Organized by Dept. of Physical Edu. in collaboration
with IQAC, GGDC, Chapra



Date: 30/09/2022 Time: 12 pm Venue: Seminar Hall 1, GGDC, Chapra

No	Name	Signature
1.	Chattali Saha	Chattali Saha
2.	Debika Biswas	Debika Biswas
3.	Rina Saha	Rina Saha
4.	Mousumi Khodun	Mousumi Khodun
5.	Rinki Biswas	Rinki Biswas
6.	Ashtami Das	Ashtami Das
7.	Sangita Ghosh	Sangita Ghosh
8.	Rohit Mondal	Rohit Mondal
9.	Najmul Mondal	Najmul Mondal
10.	Dillip Mondal	Dillip Mondal
11.	Mamunul Mondal	Mamunul Mondal
12.	Aladen Mondal	Aladen Mondal
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DR. SUCHASIS PATTA (PHDSEI)
Principal
Govt. General Degree College, Chapra
Vill. Shikra, P.O. Padmamala
Nadia-741123



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Report on Internet Search Technique

About Programs

Internet has become the biggest repository of information in the world. It can be considered as a global library where variety of information in different languages and formats is stored in digital form. The volume of information on web is enormous and it has become near to impossible to estimate its size. Because of its size and storing mechanism, finding relevant and precise information has become a difficult task. For searching information from this vast repository, we use search engines. There are thousands of search engines available on internet. For example, if you visit <http://www.thesearchenginelist.com/>, you will find a classified list of search engines. This list is category-wise and includes all-purpose search engines in various fields like accounting, blogs, books, legal, medical, etc

Course Objective

Internet search skills allow users to find information faster and more accurately from the vast resources available online. Different top-level domains like .com, .org, and .ac indicate the type of organization or website. Popular search engines include Google, Yahoo, and Bing that allow users to search the entire web. Refining searches with keywords, phrases, and operators can help narrow results. Determining the legitimacy of websites requires evaluating features like contact information, update dates, and linked sources.

Learning Objectives

At the end of this programmes, the students learned:

- State definitions for the terms Internet, World Wide Web and search engine
- Analyze a research topic
- Develop appropriate search strategies and conduct a search
- Refine search results



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Pictures on Internet search technique





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A one day workshop on Internet Search Technique

Organized by Dept. of Physics and I&A C G.G.D.C Chapra



Date: 17.08.2022 Time: 12 PM

Venue: Seminar Hall L.

No	Name	Signature
1.	Chattali Saha	Chattali Saha
2.	Debika Biswas	Debika Biswas
3.	Rina Saha	Rina Saha
4.	Ashtami Das	Ashtami Das
5.	Mousumi Khatri	Mousumi Khatri
6.	Rinki Biswas	Rinki Biswas
7.	Surya Jit Ghosh	Surya Jit Ghosh
8.	Rahul Mondal	Rahul Mondal
9.	Arjun Mondal	Arjun Mondal
10.	Bilal Mondal	Bilal Mondal
11.	Namirul Sheikh	Namirul Sheikh
12.	Madan Mondal	Madan Mondal
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DR. SUDHAKAR MANDAL (H.O.D.)
Govt. General Degree College, Chapra
Vill. Shikra P.O. PADMAMALA
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**CRITERION-V: 5.1.2: Report with photographs on
ICT/computing skills enhancement programs.**

About Programmes

We live in a technology driven world where everything is increasingly becoming digital. The revolution in information technology has sparked a worldwide debate on digitization. The easy availability of information and seamless connectivity has virtually obliterated national boundaries across geographic space. The Covid 19 pandemic and the subsequent lockdown has accentuated our dependence on digital connectivity. Keeping this in mind, Govt. Gen. Degree

College, Chapra has realized it is imperative to provide students with an opportunity to get themselves acquainted with a basic computer knowledge.

ICT Facilities at GGDC Chapra

ICT use has become an integral part of modern day dissemination of education. Though our college is located at a remote area (close to 2.5 KM from the Indo- Bangladesh border), there are frequent power cut in the area. Moreover internet connectivity is also weak. In spite of these, we are striving to provide ICT facilities to our students.

ICT in education is the mode of education that uses information and communication technology to support, enhance and optimize the delivery of information. ICT tools for teaching and learning cover everything from digital infrastructures such as printers, computers, laptops, tablets etc to software tools such as Google Meet, Spread sheets etc. Govt. Gen. Degree College, Chapra provides ICT enabled classroom for the smooth running of Teaching – Learning process. ICT Skill Enhancement Training Programs aids the students in equip themselves with computing skills which they need in further education and as an ongoing learning process and provide access to information through external networks.

Microsoft Excel is a popular spreadsheet software program for business. It's used for data entry and management, charts and graphs, and project management. Students are offered basic introductory course on Microsoft software on how to use Microsoft Office

Course Objective

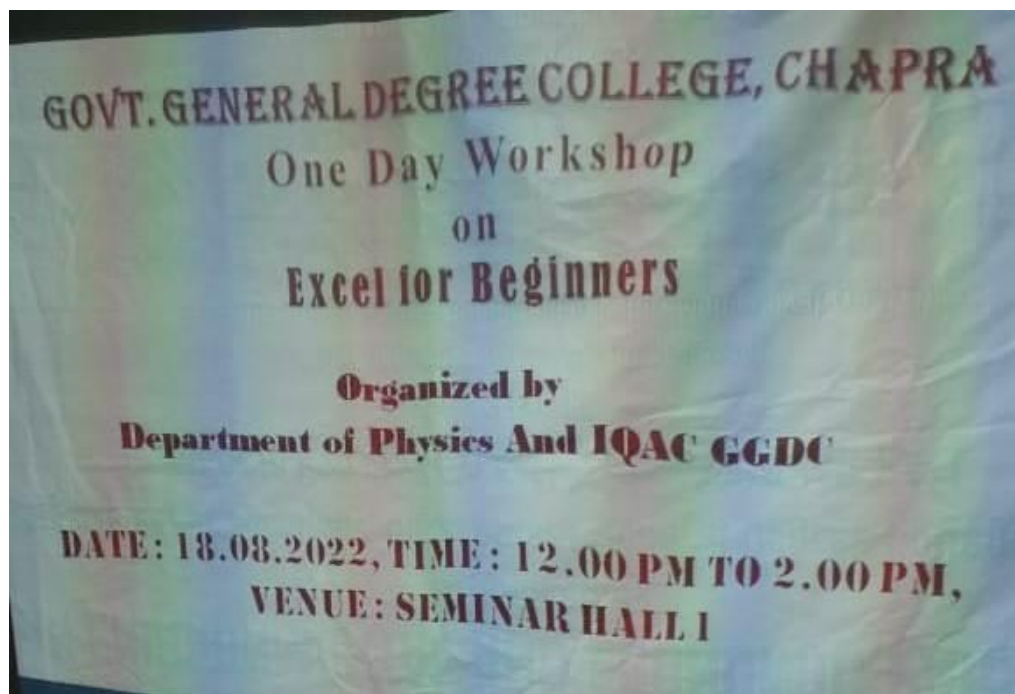
The Excel for beginners introduces basic Excel skills such as entering various types of data, working with common formulas and functions, and creating a simple chart. We'll also cover formatting a worksheet, naming a range of cells, adding columns to a spreadsheet, and creating a data table.

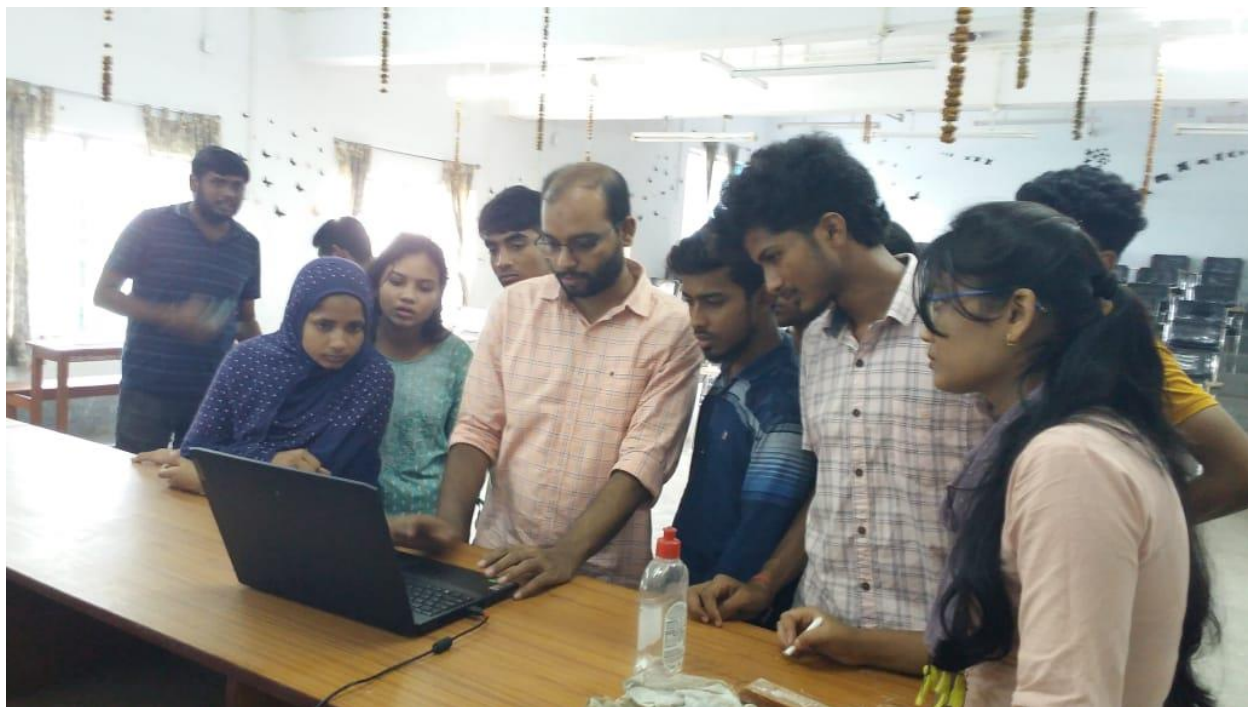
Learning Objectives

At the end of this programmes, the students learned:

- Identify the different components of the Excel worksheet
- Differentiate between an Excel workbook & worksheet
- Open an existing workbook and create a new workbook
- Enter text and formulas into an Excel spreadsheet
- Construct formulas to manipulate numeric data in an Excel Worksheet
- Use the print function to create a printable copy of data stored on an Excel spreadsheet

Some pictures of Excel for beginners workshop







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ATTENDANCE SHEET FOR ONE-DAY WORKSHOP

Topic- Excel for Beginners
Speaker- Dr. Shaikh Saifur Alam

Date- 18.08.2022 Time- 12.00 Noon Place- Seminar Hall 1

No	Name	Semester/ Designation	Department	Signature
1.	DANEJ DAFADAR	6th Sem	English	Danej Dafadar
2.	ANANDA SHAKARU	2nd Sem	English	Ananda Shakaru
3.	SHUBHAM GUPTA	2nd Sem.	English	Shubham
4.	KOYEL MALLICK	4th Sem	English	Koyel Mallick
5.	DEBA HALDER	4th Sem	English	Deba Halder
6.	SABNAS KHATUN	4th Sem	Sociology	Sabnas Khatun
7.	SAMSUN NAHAR KHATUN	2nd Sem	Physics	S.N.K
8.	APARUPA MISHRA	4th Sem	English	Am.
10.	AFIZ BISWAS	2nd Sem	Sociology	Afiz Biswas
11.	Rajib Biswas		Sociology	Rajib Biswas
12.	Saman Biswas	2nd Sem	Sociology	Saman Biswas

DR. SUBHASIS BANDA (WBSSE)
Principal
Govt. General Degree College, Chapra
Vill. Shikra, P.O. Padmayala
Nadia-741123